CLAIMS

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1. A method of changing the value of a parameter from a current value to a desired value comprising the steps of:-

inputting a first directional command to cause the parameter to vary at a first speed in a first direction; and

inputting a second directional command to cause the parameter to vary at a different speed either in the first or in the opposite direction.

- 2. A method according to Claim 1, in which the second directional command is a repeat of the first directional command which causes the parameter to vary in the first direction at a speed higher than the first speed.
- 3. A method according to Claim 1, in which the second directional command is different to the first directional command and causes the parameter to vary in the opposite direction at a lower speed than the first speed.
 - 4. A method according to Claim 1, in which there are two possible directional commands corresponding to "Up" and "Down" whereby the parameter is increased or decreased in value.
 - 5. A method according to Claim 1, in which there is a third command corresponding to "Stop" which causes the parameter to retain its current value.
- 6. A method according to Claim 5, comprising the steps of inputting a first command; inputting a stop command; and inputting a second command whereby the parameter varies in the first direction at a slower speed than the first speed.
- 30 7. A method according to Claim 1, in which the commands are voice commands.

- 8. A method according to Claim 1, in which the commands are manually input commands.
- 9. Apparatus for changing the value of a parameter from a current value to a desired value comprising control means to control the parameter; and input means to which the control means in responsive; wherein the input means is arranged to input directional commands whereby the control means varies the parameter in response to a first directional command at a first speed in a first direction and then in response to a second directional command varies the parameter at a different speed in the first or in the opposite direction.
 - 10. Apparatus according to Claim 9, in which the input means is a voice recognition device.